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Mai Abdallah Mohamed Ragab	
Occupation	Assistant lecturer
Major	Public Health
Minor	Nutrition
Current position	Assistant Lecturer - Center of Social and Cultural Planning - INP
Previous positions	<ul style="list-style-type: none"> • Assistant Lecturer, Nutrition Dept. Faculty of Allied Medical Sciences Pharos University in Alexandria. • (2018-2021) • Demonstrator, Nutrition Dept. Faculty of Allied Medical Sciences Pharos University in Alexandria.(2014-2018)
Academic Qualifications	<ul style="list-style-type: none"> • Diploma in Planning and Development – Institute of National Planning (INP) - Cairo- Egypt 2021. • Current Study (Starting in spring semester 2018/2019) PhD degree In Public Health Sciences –Nutrition, High Institute of Public Health Alexandria University. • 2018 Master degree In Public Health Sciences –Nutrition, High Institute of Public Health- Alexandria University. • 2012 B.Sc. in Sciences (Major Biochemistry Minor chemistry), Faculty of Science- Alexandria university.
Major experiences	<ul style="list-style-type: none"> • Member of Quality assurance and accreditation unit - Institute of National Planning (INP) - Cairo- Egypt 2021 . • Member of the Egyptian Nutrition & Health Coaching Association • Member of the Committee for Food Industries, Faculty of Agriculture, Alexandria University.
Research	<ul style="list-style-type: none"> • Health Spending in Egypt Between Efficiency and Effectiveness Considerations, Prepared by :Institute of National Planning, Cairo, Egypt 2022. • Requirements for the advancement of agricultural cooperatives in the context of Egypt Vision 2030, Prepared by :Institute of National Planning, Cairo, Egypt 2022.



	<p>Mai A. Ragab, Samar Abd El-Mohsen, Dalia I Tayel . Iodine Content in Commonly Consumed Egyptian Foods and Its Dietary Intake among Pregnant Women in Alexandria. International Journal of Advanced Scientific and Technical Research.2019; 9(2) :22-30.</p>
<p style="text-align: center;">Conferences</p>	<ul style="list-style-type: none"> • The annual conference of the Institute of National Planning, entitled Governance and Sustainable Development , INP ,Cairo, Egypt . (3&4 June 2023) • 15th ALEX NEUROSCIENCE 2023, Neuropsychiatry Department, Faculty of Medicine, Alexandria University. (4&5 May 2023) • International Congress of Gastroenterology Research , endoscopy and training society ,Sun rise Alexandria Hotel(8th-9th September 2022) • . INP International Conference Climate Change and Sustainable Development (26th-27th March 2022). • The 9th International Conference of The High Institute Of Public Health: Health in All Strategies - High Institute of Public, Health Alexandria University (23rd-24th March 2019). • ENHCA 6th Annual Conference NUTRI ALEX 2018; Nutritional Care Current Status and Future Directions - Egyptian Nutrition and Health Coaching Association (ENHCA) (5th -6th April 2018). • The 2nd Conference of Human Physiology Department ; Recent Advances in Obesity Research - Medical Research Institute, Alexandria University (9th November 2017). • ENHCA 5th Annual Conference NUTRI ALEX 2017; Nutraceuticals and Functional Foods The updated Evidence in Clinical Practice- Egyptian Nutrition and Health Coaching Association (ENHCA) (27th April 2017). • The 6th International Conference of The High Institute Of Public Health; Think Globally & Act Locally, Public Health Actions in Challenging Times -High Institute of Public, Health Alexandria University (19th -20th October 2016). • Women,s Health & Nutrition The care and The cure Egyptian Nutrition and Health Coaching Association (ENHCA) (31st March &1st April 2016). • Entitled a link to nutrition, endocrinology metabolism and diabetes better understanding - Egyptian Nutrition and Health Coaching Association (ENHCA) (3/4/2015).



<p style="text-align: center;">Training</p>	<ul style="list-style-type: none"> • Professional Diploma in Governance and Sustainable Development in the Health Sector at Institute of National Planning, Cairo, Egypt. (6 May -3 June 2023) • Development Planning in Arab Countries: Reality and Expectation, Virtual Training held by Arab Planning Institute (API), Kuwait (28 May 2023) • NAASAC Training course in “Introduction to System Thinking “at Institute of National Planning, Cairo, Egypt.(7May -31May 2023) • Analysis of international economic reports and policy-making, Arab Planning Institute (API), Kuwait . (22 Jan :26 Jan 2023) • Understanding Research Metrics at Institute of National Planning, Cairo, Egypt. (2 June 2022) • Enhancing Research Performance by Strategic Planning from the Beginning (Scopus and Scival), Institute of National Planning, Cairo, Egypt. (26 May2022) • Planning and sustainable development work shop, Institute of National Planning (INP) , Cairo ,Egypt. (1-31 October 2021) • Therapeutic &Functional Food, Faculty of Agriculture, Alexandria university. (30-8-2015 till 3-9- 2015)
<p style="text-align: center;">Work Shop</p>	<ul style="list-style-type: none"> • "Grant Writing workshop" Virtual Work Shop held by STDF ,Cairo ,Egypt. (13th June 2023) • Research Methodology workshop Virtual Work Shop held by STDF ,Cairo ,Egypt. (12th June 2023) • 1st Annual Anti Obesity Symposium,2015 - High Institute of Public, Health Alexandria University (26th November 2015)
<p style="text-align: center;">Areas of interest</p>	<ul style="list-style-type: none"> • Public Health , Health Care, Health Planning , Nutrition.
<p style="text-align: center;">E-mail</p>	<p style="text-align: center;">mai.ragab@inp.edu.eg</p>